

Adult Therapeutic Groups and Supports for Brain Injury

- Monday:** Caregiver Support Group: 1st and 3rd Monday
- Specifically for caregivers of BI survivors
 - Respite available on site
 - Contact Earl Durant (facilitator) at 703-437-9993 for more information
- Tuesday:** Loudoun County Support Group: 2nd and 4th Tuesday from 5:30pm
- Meeting held at Brain Injury Services' Leesburg office, 521D East Market St, Leesburg, VA
 - Contact 703-771-4775 for more information
- Wednesday:** Adjustment Group: 1st and 3rd Wednesday
- For survivors of brain injury
 - Group meeting held at Brain Injury Services' Springfield office
 - Contact Earl Durant (facilitator) at 703-437-9993 for more information
- Relationship Group: Every Wednesday from 2:00 – 3:30pm
- Discusses issues in current relationships and building new relationships after brain injury
 - Group meeting held at Brain Injury Services' Springfield office
 - Facilitated by Dawn Higgins, LCSW
- Leisure Exploration Group: 6:45pm – 8:45pm
- Meets at the Mott Center then goes out to recreational locations
 - For survivors 18-35 years old
 - Contact Brian McCarthy at 703-799-9410 for more information
- Thursday:** Advocacy Group: 3rd Thursday
- Discusses current issues concerning survivors and methods of advocating for survivors in the community
 - Group meeting held at Brain Injury Services' Springfield office
 - Contact Susan Rudolph at 703-451-8881 for more information
- NVBIA Support Group: 1st and 3rd Thursday
- For survivors and families
 - Meets at Falls Church High School, 7521 Jaguar Trail
 - Contact NVBIA at 703-569-1855 for more information
- Friday:** Men's Group: 2nd Friday
- Support group for men who have survived brain injuries
 - Group meets at Brain Injury Services' Springfield office
 - Contact Dave Hebda, PhD (facilitator) at 703-587-8312 for more information
- Rebuild: 4th Friday
- Educational support group for survivors and family members
 - Groups held at Inova Fairfax Hospital
 - Contact Anna Bradford at 703-776-2295 for more information
- Stroke Survivor Support Group: Every Friday 12:45 – 2:15pm
- Educational support group for stroke survivors, family members welcome
 - Group held at Patrick Henry Library in Vienna, VA
 - Contact Shannon Kelly (facilitator) for more information at 703-246-7153

Saturday:Rebuild Family: 1st Saturday

- Educational support group for family members of pediatric brain injury survivors
- Group meeting held at Inova Fairfax Hospital
- Contact Anna Bradford at 703-776-2295 for more information

Weekenders

- Contact Ruth Tate, Fairfax County Therapeutic Recreation, at 703-324-5519 for more information

Speech Directions: 3rd Saturday from 10:00am – 11:30am

- For people with aphasia and/or related disorders
- Primary focus of this group is to practice language skills
- Meet at Stroke Comeback Center, 2944 Hunter Mill Rd, #201, Oakton, VA
- For information visit: <http://home.att.net/~talksmall/index.htm>

Groups held at Brain Injury Services' Springfield location meet at:

8136 Old Keene Mill Road, Suite B102 Springfield, VA 22152