

**The Inova Regional Trauma Center's Rebuild Program**  
and  
**Brain Injury Services, Inc.**  
present:

# **Rebuild Families**

An Educational/Support Series for  
Parents of Children with Brain Injury

## **Schedule\*** **2008-2009**

<b>December 6, 2008</b>	Coping with Family Stress (& Holiday Celebration!)
<b>January 10, 2009</b>	Options for Therapeutic Recreation
<b>February 7, 2009</b>	How to Educate Others About Brain Injury
<b>March 7, 2009</b>	Understanding Your Special Education Rights
<b>April 4, 2009</b>	Food for Thought: Nutritional Needs & Challenges
<b>May 2, 2009</b>	Managing Problematic Behaviors
<b>June 6, 2009</b>	How to Help Your Child Survive Adolescence
<b>July 2009</b>	Annual BIS Picnic!
<b>August 2009</b>	<b>VACATION</b> (No Group)

\*Topics are subject to change depending on presenter's availability

**All meetings are held from 2:30-4:00 pm  
in Inova Fairfax Hospital's Conference Rooms D, E, & F  
(above the cafeteria)**

Fairfax County Therapeutic Recreation staff will be available to provide activities for children during the program. Attendance and parking are free of charge for all sessions.

To register, please contact:  
Betsy Zeigler, ACSW  
(703) 451-8881  
bzeigler@braininjurysvcs.org

(When you register, please let us know the number and ages of children who will participate in the activities)